



**ALL SAINTS CHURCH , OYSTERMOUTH  
AND NORTON MISSION CHURCH**



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**Sunday 5th July 2026 ~ TRINITY 6**

**Welcome to our worship today**

**HYMNS AT OUR CHORAL EUCHARIST : 186 , 220 , 231 , 427**

**TODAY**  
8.30 am Holy Eucharist (Book of common prayer)  
10.00 am Choral Eucharist ( followed by tea / coffee )  
11.30 am Sung Eucharist in Norton Church  
4.00 pm Swansea Bach Choir Concert in All Saints  
"Voices in the still night" - pay on the door.  
See posters for details

**MONDAY**  
7.00 pm Swansea Philharmonia Orchestra concert in All Saints. Pay on the door. See poster for details.

**TUESDAY**  
10.30 am Sgwr's a Choffi ( Chat and coffee ) - in the back of All Saints - Croeso i bawb - all welcome.  
2.00 pm Coffee and craft in Norton Church - all welcome

**WEDNESDAY**  
10.30 am Holy Eucharist followed by refreshments  
2.00 pm Bible study group in the Upper Church Rooms - you would be very welcome,  
7.00 pm Choir practice - all welcome to join.

**THURSDAY**  
10.30 am Coffee and Chat in Norton Church - all welcome  
1.30 pm Church and grounds working party (Warriors)  
All volunteers very welcome !

**SATURDAY**  
10.30 am Coffee morning in aid of the RNLI in the lower Church rooms.  
7.00 pm A concert in aid of Heartbeat Trust Wales in All Saints with Morryston Rugby Club Choir and Oystermouth School. See posters for details.

**NEXT SUNDAY**

**12th July 2026 - Trinity 7**

**Sea Sunday**  
**PLEASE NOTE SERVICE TIMES FOR THE IRON MAN EVENT**

8.30 am Holy Eucharist (Book of common prayer)  
11.00 am Choral Eucharist ( followed by tea / coffee )  
4.00 pm Choral Evensong for Sea Sunday

**Pastoral Visiting** : please let me know of those in need of visits / contact at home or in care homes / hospital. *If you wish anyone to be prayed for by name during our services please add their name to the list at the back of church.*

**RIP** : we extend our prayers and condolences to Liz Perman and family following the passing away of David. May the souls of the departed rest in peace.

**Thank you** : to all who were able to support our church fundraising concert last Sunday with the Pontardulais Town Band.

**Holiday Season** : a number of our church family are now starting to take their summer holidays. May I wish you all a very relaxing and refreshing break. We also welcome to our services those who are visiting our community for their holidays. If you cannot make it to your 'usual' services do try and join us at one of the other services taking place.

**Servers and Choir** : if you would like to join our servers team or the church choir we would be very pleased to have you on board. Do let us know if you want details - all are very welcome to be involved in all aspects of our church life. *Don't forget to put your name on the list at the back of church if you wish to be involved in any of the new church committees we are establishing to help co-ordinate various aspects of our church life.*

**Sip by the Sea** : a coffee morning ( 10 a.m. to 1 p.m. ) in aid of West Cross Food bank. Tuesday 21<sup>st</sup> July at 81 Mumbles Road. Email [janeandjohn56@gmail.com](mailto:janeandjohn56@gmail.com) or speak to Barbara for tickets.

**River Tawe Boat Trip** : Monday 27<sup>th</sup> July at 4 p.m. on Copperjack. The cost is £10 for the boat trip and an additional £20 if you wish to have a meal in the Anchor after the trip. Booking forms are at the back of church or contact Dorian on 07788122132

**Christian Aid** : thank you to all who were able to support Christian Aid Week recently. £1225.75 was collected and will be sent to the charity.

**Swansea Bay Symphony orchestra concert** : Saturday 18<sup>th</sup> July at 7 in All Saints. *Music from Stage and Screen.* See posters for tickets / details.

**RNLI Raft race** : Sunday 19<sup>th</sup> July at 12 midday. There are no road closures so our services will take place at their usual times.

**Ladies fellowship Group on Monday 13<sup>th</sup> July.** For those interested in having a little stroll in Clyne gardens, please meet by the coffee caravan at 11.00, this is to be followed by lunch in the Woodman at 12.15.

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### **A reading from Zechariah (9.9-12)**

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the warhorse from Jerusalem; and the battle-bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

This is the word of the Lord. **Thanks be to God.**

### **Psalms 145. 8-14, 17**

8 The Lord is / gracious and / merciful: long-suffering / and of / great / goodness.

**9 The Lord is / loving to / everyone: and his mercy is / over / all his / creatures.**

10 All your works / praise you, O / Lord: and your / faithful / servants / bless you.

**11 They tell of the glory / of your / kingdom: and / speak of your / mighty / power,**

12 To make known to all peoples your / mighty / acts: and the glorious / splendour / of your / kingdom.

**13 Your kingdom is an ever/lasting / kingdom: your dominion endures through/out all / ages.**

14 The Lord upholds all / those who / fall: and lifts up all / those who / are bowed / down.

**17 The Lord is sure in / all his / words: and / faithful in / all his / deeds.**

### **A reading from Romans (7.15-25a)**

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

This is the word of the Lord. **Thanks be to God.**

Listen to the Gospel of Christ according to St Matthew 11.16-19, 25-30  
**Glory to you, O Lord.**

'But to what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn." For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will.

'All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord. **Praise to you, O Christ.**

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. **Amen.**